DE-STRESS FEST
April 27 - May 1, 2020

VIRTUAL COMPETITIONS
• Kick-off PTCC Video Challenge
• Step Challenge
• BITMOJI Self-Care Collage Contest
• TikTok Study Tips

GAME SESSIONS
• Video Game Session - Virtual Board Games
• Online UNO With Friends
• Virtual Multiplayer Jigsaw Puzzle
  Wednesday, April 29 from 2-4pm

LET’S CONNECT LUNCHES
Join members of the Student Success Team for open discussions
Monday, April 27, Wednesday, April 29 and Friday May 1 from 11am - 12pm

DAILY THEMES
• Monday, April 27 - Move It Monday
• Tuesday, April 28 - Taco Tuesday
• Wednesday, April 29 - Wilderness Wednesday
• Thursday, April 30 - Thirty Minute Thursday
• Friday, May 1 - Flower Friday

TAKE PICTURES/VIDEOS
While you are doing De-Stress Fest activities, take pictures and videos and make sure to tag PTCC at #ProudPine to be entered to win prizes!

LEARN MORE AT HTTPS://WWW.PINE.EDU/CURRENT-STUDENTS/STUDENT-LIFE/