



Pine Technical &  
Community College  
CONTINUING EDUCATION  
& CUSTOMIZED TRAINING

# YOGA CLASSES

## Register Today!

### Yoga

**Tues & Thurs 6:00pm - 7:00pm**

01/04/22- 01/27/22	\$50
02/01/22- 02/24/22	\$50
03/01/22 -03/31/22	\$60
04/05/22 - 04/21/22	\$40
05/10/22 - 05/26/22	\$40
05/31/22 - 06/30/22	\$60

Our yoga classes focus on building strength, alignment, stamina and flexibility in the physical body. This course is appropriate for anyone. There is no requirement for the level of experience or level of flexibility. All ages, shapes and sizes are welcome!

Note: Bring your own mat.



900 Fourth Street SE | Pine City, MN 55063 | 320.629.5100 / MN Relay 711 | [www.pine.edu](http://www.pine.edu) | A MEMBER OF MINNESOTA STATE

Pine Technical & Community College is an affirmative action, equal opportunity employer and educator.

Limited spaces. Register online at:

[https://mnsu.rschooltoday.com/public/getclass/category\\_id/286/program\\_id/53/subcategory\\_id/4944](https://mnsu.rschooltoday.com/public/getclass/category_id/286/program_id/53/subcategory_id/4944)

