



WIC 320-591-1596

Helps income-qualified families feed their children properly during critical periods of growth and development, from pregnancy until a child reaches 5 years of age.

You can:

- Receive nutritional education and breastfeeding support
- Be provided with nutritious foods and food benefits accepted by many local vendors

Family Resource Center

320-390-0317

Supports families with services like parenting education, family support, and access to local resources. FRCs collaborate with local organizations to enhance family well-being and stability.

You can:

- Receive referrals to services
- Get assistance with completing paperwork or applications
- Meet individually with local providers
- Participate in parent/child activities

Pine County Courthouse

635 Northridge Dr. NW, Pine City, MN 55063

North Pine Government Center

1602 Hwy 23, Sandstone, MN 55072

Children's Dental Services

612-746-1530

Specializes in children's dental care and provides dental services to children from infancy to age 26, pregnant women, and people of all ages.

You can:

- Receive dental services that accept private insurance, Medical Assistance, and a discount for families who are ineligible for Medical Assistance.

Family Home Visiting

320-372-2120

Support for families to give babies the best start possible and raise healthy children who are ready to succeed.

You can:

- Receive support in your role as your child's first teacher
- Get help creating a safe and healthy environment for your child to thrive in
- Receive parenting skills and support
- Receive breastfeeding support and education

Emergency Preparedness

320-515-1284

Plans for the response to public health emergencies, including bioterrorism and pandemic influenza. Recruits and trains community partners regarding their roles to support a public health emergency response.

You can:

- Join the Medical Reserve Corps

Health Promotion 320-372-2120

Focuses on activities aimed at keeping people healthy and reducing their chances of developing chronic diseases.

You can:

- Request presentations or educational materials on healthy eating, sexual health, hygiene, vaping, tobacco cessation, and other health topics

Statewide Health Improvement Program 320-591-0793

Promotes community-based solutions for active living, healthy eating, and tobacco-free living to help prevent chronic diseases like cancer, heart disease, stroke, and type 2 diabetes.

You can:

- Receive technical assistance, training opportunities, and access to funding as a school, workplace, community, or healthcare facility

Car Seat Program

320-372-2120

Promotes child passenger safety through education, resources, and services.

You can:

- Receive education to properly install your child's car seat
- Receive a free car seat when eligible with Blue Plus or UCare Insurance

Substance Use Disorders

320-372-2134

Provides support and educational materials to families and those struggling with substance use disorders.

You can:

- Receive naloxone and fentanyl testing strips
- Request educational materials for your organization
- Connect with local resources to help you or your loved ones affected by substance use disorders



Public Health
Prevent. Promote. Protect.